



# Commanding Officer's Policy on Unit, Personal, and Family Readiness



The MTACS-18 Unit, Personal, and Family Readiness Program (UPFRP) mission is to train and prepare Marine, Sailors, and families to ensure optimum resiliency when faced with the challenges of deployed operations around the globe. This program's four basic tenants are:

Deployment Support  
Readiness and Resource Support

Official Communication  
Volunteer Management

Make no mistake, optimal family readiness is essential in order for MTACS-18 to perform its mission. Our success as a unit is inextricably linked to our Marines, Sailors, and families' morale and well-being. The UPFRP command team's role is even more critical due to our geographic separation from our families, and other support networks we are accustomed to. An overseas assignment, while exciting, comes with unique challenges in terms of family readiness.

Personal and family readiness is the individual Marine and his/her family's ability to successfully balance the challenges of a military lifestyle with family responsibilities. Family readiness is a combat multiplier; when families are in a higher state of readiness, individual Marines are more efficient, effective, and better able to safely perform their assigned missions.

Each of you are ultimately responsible for your personal and family readiness, but you are not in this alone. While no program can completely negate the challenges of military life, the UPFRP can leverage resources and significantly mitigate some of the more negative aspects.

There are numerous resources available to assist Marines in attaining a high state of personal and family readiness. Marines should participate in UPFRP training and events and use the Unit Readiness Coordinator and Deployment Readiness Coordinator for resources or referrals.

Focusing on personal and family readiness and participating in related events and training, will ensure that MTACS-18 Marines and families will be confident and ready when called.

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Commanding Officer