



**Marine Wing Support Squadron 172
Marine Aircraft Group 36**



**COMMANDING OFFICER'S POLICY FOR
COMBAT OPERATIONAL STRESS
CONTROL**

Every Firebird and their family are critical to our mission. Ensuring the mental, moral, and physical strength of our Firebirds and their families will guarantee the Squadrons success.

During times of conflict, leaders are reminded of our duty to lead with proficiency and to take care of our Marines and Sailors. Ensuring the wellbeing of Marines and Sailors includes strengthening them, monitoring their condition, applying first aid when they are injured, and returning them to full fitness as soon as possible.

However, there is much more to caring for our Marines and Sailors than their physical health. Caring for their psychological health is just as crucial. Preserving the psychological health of our Firebirds and their families is of paramount concern to mission readiness. Just as one would go to medical for a physical injury, we should seek mental health professionals or counselors if we have a psychological injury.

The Combat Operational Stress Control (COSC) program enables a cohesive ready force and promotes long-term health and wellbeing among Marines, Sailors, and their family members.

This program helps us to understand the daily stresses each of us encounters daily. Understanding stress reactions and proactively addressing stressors increases mission readiness, preserves the force, and promotes long-term health. All Marines, Sailors, and their families are encouraged to utilize medical, mental health professionals, religious ministry teams, Marine and Family Programs personnel and resources to aid in promoting psychological resilience.

We must have the ability to train and sustain a combat ready and resilient force capable of accomplishing any mission. The Operational Stress Control and Readiness (OSCAR) Teams will assist us in maintain our warfighting capabilities by addressing the impacts of stress in the unit. As part of our commitment to excellence, the Firebirds will participate in COSC activities.

The COSC five Core Leader Functions promote principles of wellness, prevention, early intervention, identification, reintegration, and reduction of stigma and will form the foundation for this command's COSC program.

MWSS-172 shall incorporate COSC principles across the Squadron, including family readiness programs. This will assist prevention efforts and create a climate where stress issues are identified and addressed quickly without stigma or career degradation.

Semper Fidelis,

A handwritten signature in black ink, appearing to read "A. T. Moyer". The signature is written in a cursive style and is positioned to the left of a red square stamp.



A. T. Moyer

Lieutenant Colonel, USMC

Commanding Officer, Marine Wing Support Squadron 172