

#### Marine Wing Headquarters Squadron 1 Policy on Sexual Assault



Sexual Assault is a criminal, predatory act and contradicts our Core Values. We will serve and look out for each other, remaining vigilant in our work centers, living areas, and during liberty/leave. I do not tolerate sexual assault nor risk behaviors that may escalate to sexual assault and expect the same from all members of *America's Finest*. We'll remain fully compliant with MCO 1752.5C and focus our efforts on awareness, prevention, and response. For all members of MWHS-1, if you see something, say something and always be prepared to offer victim support.

24hr Okinawa: Comm: 098-970-HOPE (4673) Emerg on-base: 911

HELPLINE DSN: 645-HOPE (4673) Emerg off-base: 098-911-1911

- If you are a <u>Leader</u>: focus on prevention through healthy relationship building, mutual respect, adherence to standards, and sexual assault training.
- If you are a <u>Victim</u>: you have the full support of this command, and we will help you get the resources you need so you can heal and if you desire, pursue justice.
- If you are an **Observer**: focus on intervention by recognizing inappropriate situations and placing yourself at the point of friction to look after your fellow Marines and Sailors report what you see.
- If you are a 1st Responder: assist the victim and call 911 or 098-911-1911.

"Elite organizations do not look the other way when teammates come up short of expectations"
-38th Commandant Gen. D. Berger



## Marine Wing Headquarters Squadron 1 Policy on Suicide and Suicide Awareness



To the Marine or Sailor struggling or suffering, you are a valued member of the MWHS-1 family. Know with certainty that you are an integral member of this team, and your contributions are meaningful. Reach out for a lifeline and we will ensure you get the help and resources you need to begin healing. The members of *America's Finest* want to help you and see you thrive.

To the family, friend, comrade, compatriot, or acquaintance of someone in trouble, be aware of behavior changes and risk behaviors. Trust your instincts and talk to those who are struggling if you think they may be having thoughts of suicide. Mention the warning signs that prompted you to talk to them, stay calm, and let them know you are there to help.

Operational stress control begins with balance and total fitness (spiritual, physical, mental, social). MWHS-1 will emphasize resilience in accordance with MCO 1720.2A to strengthen healthy stress responses and mitigate individual, unit, and family stressors that interfere with mission readiness.





## Marine Wing Headquarters Squadron 1 Policy on Equal Opportunity and Prohibited Activities and Conduct



The title you bear of Marine or Sailor was earned, not gifted. Each of you has earned the right to be here. Be respectful of those with whom you serve, regardless of the many differences we may have. The bonds of our warrior ethos and Core Values are stronger than individual attributes. Our many unique perspectives and backgrounds make us a smarter and more resilient lethal fighting force. MWHS-1 maintains a culture of dignity, care, and respect in which all squadron members are afforded equal treatment and opportunity to thrive based upon individual merit, fitness, intellect, and ability.

Harmful behaviors such as harassment, hazing, and discrimination are unacceptable and will not be tolerated. PAC complaints will be addressed in accordance MCO 5354.1G and responses will be prompt, fair, and impartial. All leaders have a duty to prevent interference and/or retaliation from reporting PAC instances.



# Marine Wing Headquarters Squadron 1 Policy on Unit, Personal, and Family Readiness



Marines, Sailors, civilians, and family members, welcome to the MWHS-1 family. We live and work behind locked doors in damp and dark spaces, on the other side of the IDL, inside the adversaries WEZ, thousands of miles from our birthplaces, in one of the harshest environments we could be stationed. Be proud of what you have accomplished to get here. We meet these challenges every day and must rely on each other to thrive. Success is not an individual effort, but a team activity and the MWHS-1 family is here to support you with people and resources to build ready and resilient servicemembers and families. In addition to the four tenets outlined by MCO 1754.9B, other points I will reinforce include:

- Take care of each other and take care of yourself. Resiliency comes from balance, and I ask that you find balance in your lives through total fitness (spiritual, physical, mental, social), competency, self-improvement, collaboration, and rest.
- Leverage resources that help achieve balance and growth. These include individual and family counseling, financial planning, athletics, education, group social events and volunteerism.
- Do not struggle in silence. If you or a family member need help, please ask. Members of *America's Finest* want to help you and see you succeed!
- Okinawa offers many resources not available at other duty stations. Make the most of your leave and liberty and take time to travel and engage in adventurous activities unique to the area.

Our shared vision is a ready and resilient MWHS-1 family thriving in Okinawa and prepared for other OCONUS expeditionary operations



#### Marine Wing Headquarters Squadron 1 Policy on Safety



Safety is a mindset of professionals and the true professionals of *America's Finest* protect our people and preserve our assets. Be <u>competent</u> in your role so that your actions serve in the best interest of those on your left and right. Also, be <u>curious</u> and ask hard questions where others fall short. When safety is in question, a sanity check with the following questions will help preserve our lethal edge:

- Could my risk decisions have life altering consequences for myself or others?
- Could my risk decisions give our adversaries an advantage?
- Are my risk decisions counterproductive to our mission or way of life?

Through sacrifice and grit, you've overcome many obstacles to be where you are today. Protect yourselves and others by applying the following safety principles in support of our mission at MWHS-1:

- We know that risk is always present in uniformed Service
- We shall implement risk management controls to mitigate hazards and uncertainty
- We shall not accept unnecessary risk
- We shall only accept risk when the benefits outweigh the costs
- We shall anticipate and manage risk by planning
- We shall make risk decisions at the right level