



MWHS-1

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*MARINE WING HEADQUARTERS
SQUADRON 1*

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ISLAND LIFE

An overview of all the best things the island of Okinawa has to offer from the culture, to neighborhoods, food, and waters.

GENERAL INFO

*THINGS TO CONSIDER
WHILE TRAVELING*

Take advantage of the close-by Asian countries by getting off Island and discovering the beautiful Asian cultures just a short flight away!

CRITICAL INFO

TYPHOONS, WATER CONDITIONS, RED CROSS

What to know about Typhoon season and the water conditions to make your time on Island safe and worry-free.

"YOUR LIMITATION
IS ONLY
YOUR IMAGINATION"

COMMANDING OFFICER



As the Commanding Officer of 'America's Finest' Marine Wing Headquarters Squadron 1, I want to extend you a warm welcome to the beautiful island of Okinawa. I know getting orders to Okinawa likely came with some feelings of trepidation, or perhaps excitement, and likely a little bit of both. I think that you'll find that your time here will be some of the best in your career, and you'll look back on these years and be grateful for the opportunity.

Since, for most of us, our time here is relatively short, I wanted to provide America's Finest with a Welcome Guide to give you an overview of what we're about as a squadron, a bit of what the island has to offer, and some survival tips that will help you navigate the culture, the sites, and the weather!

Welcome Aboard and Semper Fidelis!

WELCOME ABOARD

Welcome to Okinawa!

We are excited to have you as a part of the Marine Wing Headquarters Squadron 1 Team. Our goal is to provide you with easy and accessible information to help you get settled quickly and immediately begin enjoying life in Okinawa.

The unique culture, history, and experiences of this island are sure to make your tour memorable. This guide is intended to provide the most useful, essential, and up to date information to help answer frequently asked questions and give an overview of the island. Please take advantage of all Okinawa has to offer during your time here.

COMMAND PHILOSOPHY

"America's Finest" is more than just a motto- it is a declaration that our Squadron will chase excellence in everything we do. Success will be measured by timely, accurate, and focused support to 1st Marine Aircraft Wing. As "America's Finest," we must maintain a readiness posture to Fight Now; we will maintain this posture through discipline, a "can do" attitude, and unwavering adherence to our Core Values.

01/ PEOPLE

Take care of yourself, one another, and be ready to *Fight Now!*

02/ COHESION

Our teamwork creates a tight-knit community for both families and personnel.

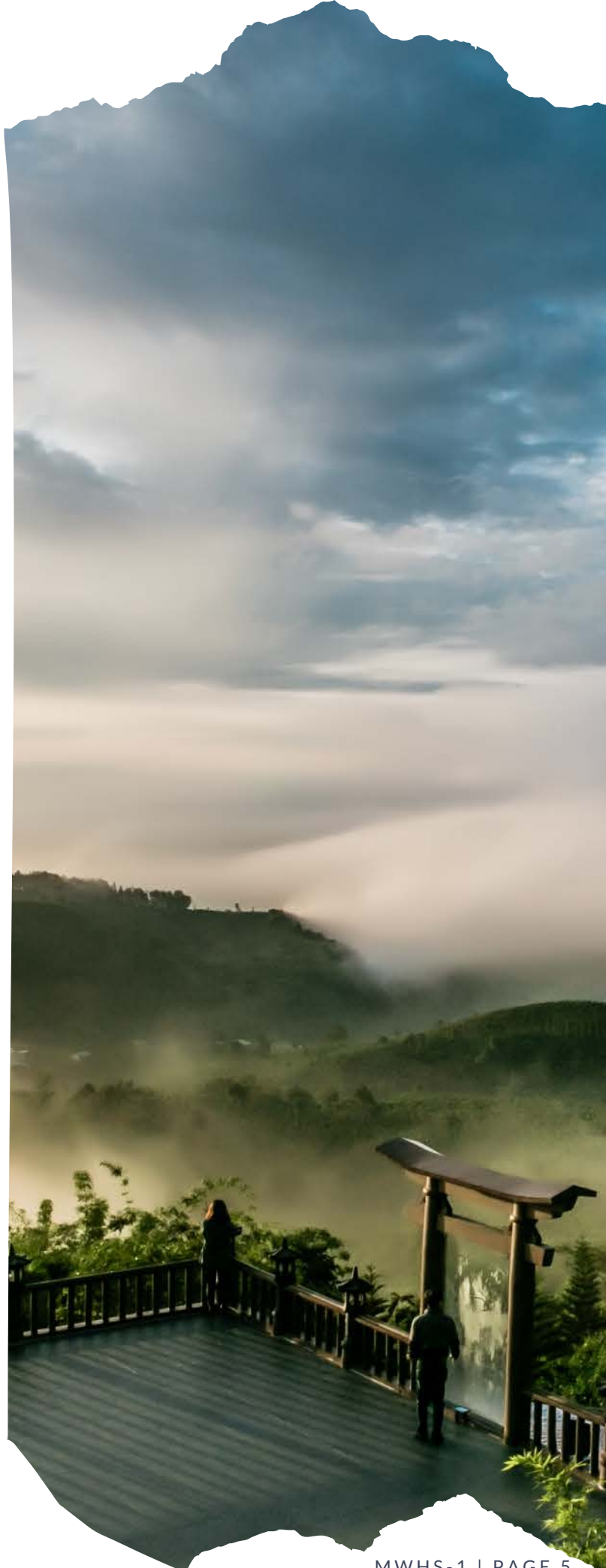
03/ MISSION

The core mission of MWHS-1 is to provide administrative and supply support to 1st MAW Headquarters.



MWHS-1 HISTORY

- The Squadron was organized and activated on 7 July 1941 in Quantico, Va.
- Five months later, after the Japanese attack on Pearl Harbor, the Squadron moved to NAS San Diego, California in defense of the west coast.
- After World War II, Headquarters Squadron moved to China to carry out the peacetime missions of disarming Japanese troops.
- Following the Korean War, Headquarters Squadron relocated to MCAS Iwakuni, Japan where it remained until deploying to Danang, South Vietnam in July 1965-to support missions of 1st MAW throughout the Vietnam War.
- The Squadron remained in Danang until April 1971 when it returned to MCAS Iwakuni.
- In 1975, Headquarters Squadron moved with the 1st MAW Headquarters to its current home on Okinawa Japan and was renamed Marine Wing Headquarters Squadron 1.



G -SHOPS/S-SHOPS

1st MAW G-1

Administrative Support to 1st MAW

1st MAW G-2

Intelligence Support to 1st MAW

1st MAW G-3

Coordinates all 1st MAW operations for the CG

1st MAW G-5

Manages and plans 1st MAW exercises

1st MAW G-4

Coordinates all 1st MAW logistical support

1st MAW G-6

Provides network / comm support for 1st MAW

1st MAW G-8

Comptroller, manages all funds for the CG and subordinate units

1st MAW ALD

Coordinates MAW level aviation maintenance and supply activities

1st MAW AGSD

Provides infrastructure and ground support to facilitate aviation operations

1st MAW SJA

Coordinates all 1st MAW legal activities

1st MAW Chaplain

1st MAW spiritual support and religious ministries

1st MAW CBRN

Coordinate all 1st MAW CBRN training & response

1st MAW MWLK

Marine Wing Liaison Kadena

1st MAW Surgeon

Coordinate all 1st MAW medical activities

"COMING
TOGETHER
IS
BEGINNING,
KEEPING
TOGETHER
IS
PROGRESS,
WORKING
TOGETHER
IS
SUCCESS"
HENRY FORD

MWHS-1 S-1

Personnel Action Requests (PARs)
Defense Travel System (DTS) assistance
Government charge card (GTC)
Awards and Promotions
Pay and benefits issues
Legal
MOL permissions

MWHS-1 S-3

PFT/CFT
PME nominations/packages-
Rifle/pistol range
CBRN training
Water survival training/MCMAP
BTR input/revisions

MWHS-1 S-4

Provides logistical support for unit functions and training evolutions
Coordinate MWHS-1 maintenance activities
Manages the armory and armory personnel in support of annual weapons qualifications
Coordinates transportation gear and personnel on the island of Okinawa

MWHS-1 Supply

Provides requisitioning and property control capabilities
Manages unit budget
Supports unit training / unit mobilizations by coordinating service and material requirements

MWHS-1 Substance Abuse Control Officer

Oversee command's substance abuse matters per MCO 5300.17 Manage drug testing program/per alcohol screening program; conduct randomly once a month.
Monitor progress of Marines in substance abuse treatment and aftercare

MWHS-1 Uniformed Readiness Coordinator

Coordinates MWHS-1 Unit and Family Activities
Resource liaison to MCCS and Marine & Family Programs

MWHS-1 Embedded Preventative Behavioral Health Counselor

EPBHC applies public health community based approaches to address the complexity and interplay of risk and protective factors through the continuum of prevention.

Military and Family Life Counseling

Offer presentations and support to help service members and their families build skills and resilience



RESOURCES

Behavioral Health

Current MWHS-1 Prevention efforts include:
Alcohol Related Incident Reduction Initiative (ARIRI)
Pancakes for Marines by Marines
Marines and Mutts
Awareness events, wellness, suicide prevention, domestic violence, etc..

Embedded Preventive Behavioral-Health Capability

Okinawa, Japan
DSN: (315) 645-1999

MEDICAL SICK CALL

Routine sick call appointments and other medical appointments are available at Evans Medical Clinic.

PREVENTIVE MEDICINE SERVICES

Immunizations/Laboratory Department:
Mon-Fri 0730-1130, 1300-1530, walk-in's except Thursday
Dental-645-7381/7382
PHA-645-6114
Audio-646-9548/9547

URGENT/EMERGENCY

Naval Hospital Okinawa (Camp Foster) has 24 hr ER services available. Any injuries within the billeting area and work spaces should be reported immediately via 911.

**IN CASE OF
EMERGENCY CALL
FROM BASE PHONE:
911
FROM CELL
PHONE:
098-911-1911**

TRICARE ONLINE

Access appointments, prescription refill, Blue Button, and other health care information for TRICARE beneficiaries who receive care at a military hospital or clinic.
<http://www.tricareonline.com>

NAVAL HOSPITAL OKINAWA QUARTER DECK

DSN 315-646-7555
From of-base or cell phone: 098-971-7555
Commercial telephone 01181-611-746-7555

SINGLE MARINE PROGRAM

Primary mission is to enhance the quality of life, recreation and community involvement of single marines.
Camp Foster SMP BLDG #5908

Unit Readiness Coordinator

What is the URC? The Unit Readiness Coordinator (URC) is the face of the Commander's vision for the Unit, Personal and Family Readiness Program (UPFRP). The URC is the direct link to Marines and their family members. Headquarters & Service Battalion, HQMC, Henderson Hall's UPFRP is a Marines and family members one-stop-shop for Official Command Communication, Resources and Referral Information, Readiness and Deployment Support and UPFRP Volunteer Management. Our goal is to equip and assist Marines and their families in becoming well-informed, self-sufficient and improve their quality of life so as to ensure that family readiness on the homefront ensures the Marines mission readiness.

CONTACT INFORMATION

URC:

GySgt Patricia Morris

DSN: 645-1402

Email:

patricia.morris@usmc.mil

Assistant URC:

2nd Lt. Jude Hydrick

DSN: 645-4184

Email: jude.hydrick@usmc.mil



JOIN OUR FACEBOOK GROUP!

AMERICA'S FINEST SPOUSES FACEBOOK GROUP

Get connected with fellow spouses and stay up to date on upcoming events!

[HTTPS://WWW.FACEBOOK.COM/GROUP/MWHISISPOUSE/](https://www.facebook.com/group/mwhsispouse/)

OKINAWA INFO

NEIGHBORHOODS

FOOD

ADVENTURE

Okinawa is full of rich history and culture; a melting pot of many different kinds of people.

The food is as diverse as the people on the island, ranging from Japanese to Indian to Italian.

You will never run out of things to do, see, and experience on the beautiful island of Okinawa.



OKINAWA HISTORY



Okinawa is both the name of the island of Okinawa (Okinawa Shima) and the name of the 47th prefecture of Japan (similar to states) which includes not only the main island of Okinawa but also the southern islands of the Ryukyu archipelago. Okinawa is just a small dot in the Pacific Ocean, but it used to be independent --The kingdom of the Ryukus.

The Battle of Okinawa, fought by the U.S and The Empire of Japan was, the largest and bloodiest battle of the Pacific War and by far the most traumatic event in the history of the Islands. The final gruesome tally is unknown but it is estimated that there were over 20,500 U.S service members killed, 110,000 Japanese and Okinawan Conscripts killed and 149,425 Okinawans were killed, committed suicide or were missing. In the 82 days of battle, roughly half the estimated Okinawan population was wiped out by what was known as the "The Typhoon of Steel."

During the 27-year American interlude from 1945 to 1972, Okinawa was governed by the U.S and its military. In 1969 Japan and the U.S issued a joint declaration that, by mutual consent, Okinawa would be returned to Japan on May 15, 1972. It has remained a strategic location for U.S military bases, assets, and roughly 27,000 personnel, including 15,000 Marines, contingents from the Navy, Army, and Air Force, and their 22,000 family members.

EXPLORE

OKI

ADVENTURE

NEIGHBORHOODS

AMERICAN VILLAGE

Make this your first stop to get acquainted with all things Okinawa. This area is chock full of restaurants, and also has a movie theater, bowling alley, home stores, boutiques, hotels and so much more...

SUNABE

Noted for the seawall filled with ocean views, restaurants, incredible surf, and world renowned scuba diving and snorkeling...

ARAHA

Beach spot with pirate ship park for kids, recreational areas, restaurants, and netted beach swimming area...

YOMITAN

Known for pottery, coastline views, local restaurants, historical castles, and touring villages...

KOKUSAI ST.

Must visit spot for a traditional Okinawan outdoor market experience with shops, souvenirs, restaurants, and historic Shuri castle.



JAPANESE MANNERS/QUICK TIPS

The use of chopsticks: Using chopsticks properly gives a highly favorable impression.

Here are some things you should **not** do when using chopsticks:



- Spearing with chopsticks- not only does it look bad, it appears you are suspicious of undercooked food.
- Standing chopsticks up vertically -- you should not stick chopsticks straight up in a bowl of rice. This practice is only used at Buddhist funerals and is therefore considered inappropriate and bad luck in both formal and informal settings.

UNIQUE THINGS YOU MAY ENCOUNTER IN JAPAN



- Japanese drivers use hazard lights to express "Thank you"
- Japanese taxis have automatic doors. (Only back doors)
- When you go grocery shopping off-base and use a shopping cart, don't forget to put a shopping basket in the cart. When checking out, you just put the basket on a cashier table. Also, remember to bring your re-usable grocery bags!
- Many people in Japan use face masks, especially in winter. There are people who wear them to protect themselves against pollen or germs; or to protect others from pathogens they may be carrying. Some Japanese youth wear them just to not be bothered.
- In Japan when you sit in a restaurant, usually you'll receive a wet towel called an "oishibori." An oshibori is a slightly damp cloth for a customer to wipe their hands in order to enjoy their meal in a hygienic way. You can also use them when you spill your drink or food and you can always ask for another one.
- You may see people handing out tissues for free on the street. Companies put their advertisements inside the tissue.

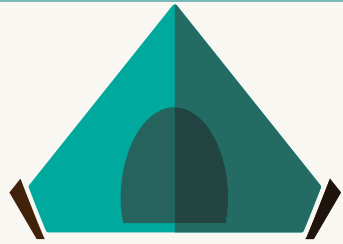
HELPFUL PHRASES



- Good Morning- Ohayōgozaimasu
- Good Afternoon- Konnichiwa
- Good Evening- Konbanwa
- See you later- Ja Na
- Good bye- Sayonara
- Yes - Hai
- No- ie
- Please- Onegaishimasu
- Thank you- Arigatou
- Help me- Tasukete kudasai
- Excuse me- Sumimasen

"A single arrow
is easily broken,
but not ten
in a bundle"
Japanese
Proverb

Check out
Okinawa Pin Drops
group on Facebook



EXPLORE

OKINAWA ADVENTURE

CASTLES

- Gala Ruins**-in Yomitan, castle set on Ocean with crafts, restaurants, and glass-blowing
- Shuri Castle**-Naha, most famous castle in Okinawa
- Zakimi Castle**- in Yomitan, castle overlooking ocean in woody area
- Katsuren Castle** - a Ryukyuan gusuku in Uruma, Okinawa

HIKES

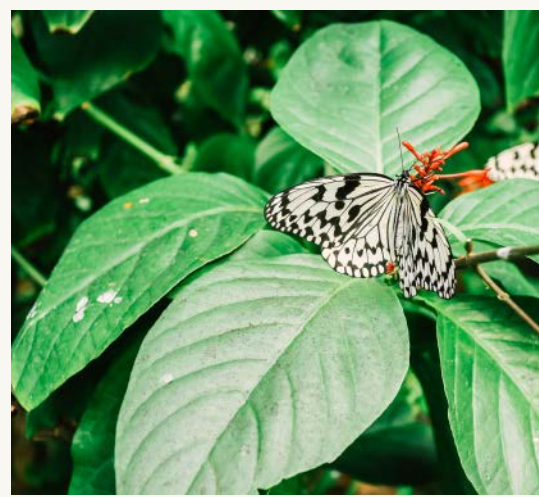
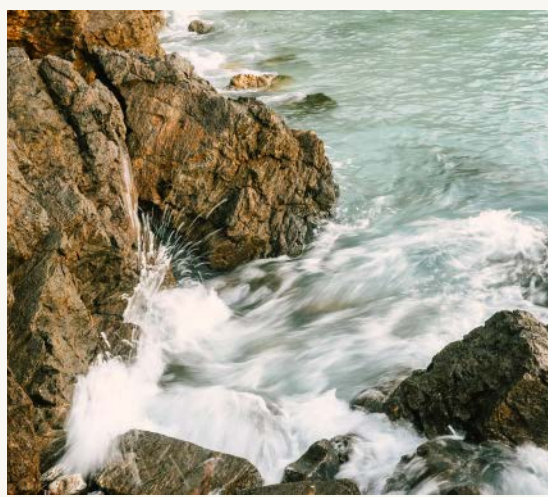
- Hiji Falls**- an attractive waterfall located in the Yambaru area of northern Okinawa Honto.
- Tadake Falls**-River trek hike with swimmable waterfall area.
- Mt. Katsuu**- 30 minute hike with incredible views of Nago city, East China Sea, and the Pacific Ocean
- Indy Jones** - a 1 mile loop trail located in Nanjo, Okinawa.

GLASS-MAKING

- Murasaki Mura**-Located in Yomitan, reproduction of Okinawa in the 14th and 15th centuries. The park offers 32 workshops where visitors can try their hand at Okinawan shisa painting, ceramics, Ryukyu glass blowing, making coral wind chimes or dyeing cloth
- Ryukyu Mura**- Village theme park in Onna known for a wide range of performances are held at the village, including eisa taiko drumming, dances, concerts, parades and reenacted historical ceremonies.

BASE RECREATION

- Okuma**-Okuma Beach offers great food, great rooms, and lots of outdoor fun. If you enjoy golfing, tennis, snorkeling, diving, wake boarding, jet skiing, and kayaking then we are the place for you.
- Torii Station**- Army base with pool, beach, volleyball, pavilions, and outdoor restaurant.
- White Beach**-Beach cabins and waterfront camping.
- Kadena Marina**- Home to boat and jet ski rentals. Pristine beach area with picnic facilities on site. Dive, snorkel and whale watching boat trips.



FOOD

OKINAWA BEST EATS

AMERICAN VILLAGE

Craving a good ole juicy burger, Jetta Burger
Customize your own taco rice, Kijimuna Cafe
Best lunch spot with views, Vongo & Anchor
Best Brunch with ocean lookout, Seaside Cafe Hanon
For record breaking spicy ramen, Volcano Ramen
Gluten free and vegan best eats, Tami's
Best salads and friend spot, WaGyu-Café Kapuka
Freshest sushi with creative rolls, Sushi on La Cienega
The most instagrammable cafe, Jungilia
Best brick oven pizza, Pizza Bar Ariccia
Date night spot with best craft beer, Okinawa Brewing Co
Sunset spot with a mojito in hand, Sunset Beach

SUNABE

Breakfast with Southern roots, Crazy's Chicken & Waffles
Best burrito and churros, Rollup
Most memorable coffee and breakfast, Coffee Casa
Date night with a view, Transit Cafe
Most Instagrammable, Myloplus Cafe
For your Thai food craving, Thaicoon
Life-changing health drink, I&I Kombucha
Most addictive avocado chicken rice, Splash
Where the locals eat, Hamaya Soba
Kid favorite-pizza with views, Bella Napoli Pizza
To satisfy your sweet tooth, The Shack
Foodie breakfast, Good Day Coffee
Best overall-food, coffee, interior, Aien Coffee & Hostel

YOMITAN

To-die-for cinnamon roll, Song Bird Cafe
Most addictive pancakes, Jakkepoes Pancake House
Take your taste buds to Thailand, Saai Roang
Scrumptious Greek food with a view, Little Greek kitchen
Come for the bread and pet the donkey, Bakery Suien
Ice cream-island gelato, Cafe Isola
Best salads and delicacy shopping, Green Leaf Cafe & Shop
Italian food inside a traditional Okinawan house, Mintama
Best lunchtime sushi, Sushi Minami
One of a kind ice cream with honeycomb, Okinawa Honey Farm
Perfect market to grab your fresh veggies, Farm Yomitan



OKINAWA

WATERS

Beaches, pools, surf, snorkel, dive

A brief overview of a variety of ways you can experience the Okinawa waters!



BEACHES

Araha Beach

Toguchi Beach

Okuma Beach

Baba Beach

DIVE

Cape Zanpa

Sunabe Seawall

Maeda Flats

Zamami Island

POOLS

Camp Foster Pool

Kadena Air Base- Hagerstrom Pool

McT Pool

Plaza Housing Pool

Camp Kinser Pool

SURF

Sunabe

Suicide cliff

Jack's hole

5 Rocks

Tengan Pier



SNORKEL

Sunabe

Maeda Flats

Kerama Islands

Onna

Nishihama Beach

KAYAK/SUP

Baba Beach

Kadena Marina

Okuma

Haemida Beach

Yanbaru Mangroves

GENERAL INFO

1 HOUSING

Military Family Housing is administered by the Air Force on Okinawa, located on Kadena air base. Housing will be assigned according to place of work, rank and number of dependents. If you do have the option to live off-base, check out <https://www.totalokinawa.com/housing-agencies/>

2 APP

Download the Okinawa Liberty MCCA and Kadena Connect Apps for information, policies, and more to help you protect what you've earned. Locate your favorite places to go, shop, eat, play, and visit.

3

RECYCLE

All recycling items must be divided by glass, metals, papers, and plastics, then placed in clear trash bags and put in recycling bin. Follow your neighborhood schedule for bulk trash pick up on base and contact your housing agency for bulk trash pick up if living off base.

OVERSEAS TRAVEL MADE EASY

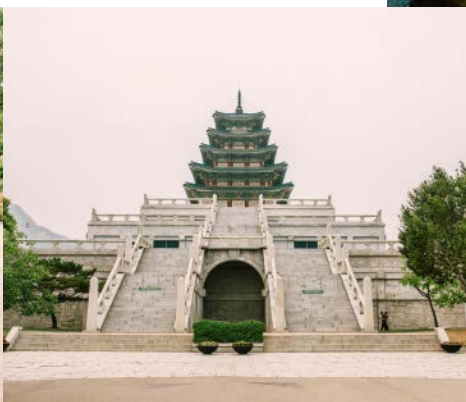
TRAVEL ABROAD

Make the most of your time in Okinawa. Travel to some of the world's most interesting countries just hours away for a low cost.

It is recommended that personnel planning on traveling off island for TAD, leave or special liberty to a foreign country allow 30-45 days lead time in planning their trip. This will allow enough time to complete the training, submit the Individual Antiterrorism Plan (IATP), and submit APACS request within the required time limits to obtain country travel clearance as required. You must also submit and obtain leave approval from the Command in time. Personnel must complete the following requirements upon notification and confirmation of TAD, i.e planning conferences, site surveys, etc and or prior to submitting for leave and or special liberty.

- 1) **Review Foreign Clearance Guide (FCG)** for timeline requirements for your destination.
- 2) **Get verbal approval** from your section for travel dates/location.
- 3) **Complete required training.**
- 4) **Identify travel and lodging.** APACS requires you to provide specific hotel and travel information.
- 5) **Submit IATP Travel Tracker**
- 6) **Submit APACS-** will require completion dates of training, flight itinerary, lodging, and local contact information.
- 7) **Submit leave/special liberty/out of bounds request** via MOL. Include your IATP and APACS approval numbers with itinerary.
- 8) **Get specific country brief from G-2**

Also go to the Electronic Foreign Clearance Guide for additional leave requirements/instructions.



TRAVEL ABROAD

TRIPS FROM OKI

SEOUL, KOREA

STAY

DRAGON HILL LODGE

EAT

VATO'S TACOS

SEE

SEOUL TOWER, WAR MEMORIAL MUSEUM,
MYEONGDONG

PLAY

NANTA SHOW, HANOK VILLAGE

CHIANG MAI, THAILAND

STAY

PHRA SING VILLAGE HOTEL

EAT

KHAO SOI KHUN YAI

SEE

PAE WALKING STREET, ZAAB E LEE THAI
COOKING CLASS

PLAY

CHAILAI ORCHID ELEPHANT SANCTUARY,
STICKY WATERFALL

TOKYO

STAY

NEW SANNO OR HARDY BARRACKS

EAT

ROBOT RESTAURANT

SEE

TOKYO TOWER, UENO PARK, SHIBUYA
CROSSING

PLAY

DISNEY & DISNEYSEA, BUNNY CAFE

HOI AN, VIETNAM

STAY

LA SENTA HOTEL HOI AN

EAT

BAHN MI PHOUNG

SEE

MARBLE MOUNTAIN, HOI AN ANCIENT TOWN,
GOLDEN BRIDE- DA NANG

PLAY

ECO COOKING CLASS

TAIPEI, TAIWAN

STAY

DIARY OF TAIPEI MAIN STATION

EAT

DIN TAI FUNG

SEE

TAIPEI 101, MAEKON GONDOLA, JIUFEN,
MEMORIAL HALL

PLAY

RELEASE LANTERN AT SHIFEN OLD STREET

Travel:

the only thing you buy
that makes
you richer



TOP 15 THINGS TO DO IN OKINAWA

"Leave the
road,
take the
trails"

SHURI CASTLE

Shuri Castle is a Ryukyuan gusuku in Shuri, Okinawa. Between 1429 and 1879, it was the palace of the Ryukyu Kingdom and is a world heritage site.

CHURAUMI AQUARIUM

The Okinawa Churaumi Aquarium is located within the Ocean Expo Park in Okinawa, Japan. Its theme is encounter "the Okinawa sea."

KOKUSAI STREET

Kokusaidōri, literally "International Road" is Naha's main street, stretching for roughly two kilometers through downtown Naha. Filled with markets, shops, restaurants, and souvenirs.

NAGO PINEAPPLE PARK

Located in Nago City, Nago Pineapple Park is a theme park full of pineapple, tropical fruits and bright plants.

SOUTHEAST BOTANICAL GARDENS

Over 30000 specimens of 1300 species of tree and shrubs live in Southeast Botanical Gardens, along with rare and exotic plants, animals, and colorful flowers.

OKINAWA ZOO CHILDRENS WORLD

Whimsical children's museum & zoo with topiaries, food options, rides & indoor play areas

OKINAWA WORLD

Okinawa has a lot of caves, but none as big or as impressive as the caves at Okinawa World, located in Nanjo. There is also a traditional-style village showcasing glass making, Eisa dancing, and Habu snakes.

RYCOM AEON MALL

The Aeon Mall Okinawa Rycom offers extensive shopping, delicious cuisine and exciting entertainment while reflecting the culture, landscape and diversity that is unique to Okinawa.

OKUMA

Okuma Beach offers great food, great rooms, and lots of outdoor fun. If you enjoy golfing, tennis, snorkeling, diving, wake boarding, jet skiing, and kayaking then we are the place for you.

AMERICAN VILLAGE

Large, American-themed outdoor mall featuring shops, restaurants, a cinema & a ferris wheel.

MURASAKI MURA

The facility recreates the 15th century's Naha townscape during the Ryukyu Kingdom era, filled with craft workshops, and lantern festival during the New Year.

GALA RUINS

Make your own salt factory, glass-blowing, pottery making, castle ruins on the ocean, and restaurants.

ZAKIMI CASTLE

Is a Ryukyuan gusuku in Yomitan, Okinawa. It is in ruins, but the walls and foundations have been restored.

TOGUCHI BEACH

Picturesque beach with unique rocks, caves, and park pavilions.

OKINAWA PEACE PRAYER PARK

The Peace Memorial Museum, south of Naha on the main island of Okinawa, is the main memorial to the Battle of Okinawa which took place during World War II on Okinawa's main island

OPPORTUNITIES

SPOUSES/FAMILY

Volunteer Opportunities:

American Red Cross

Camp Foster 645-3800

Marine Corps Family Team Building

Camp Foster 645-23689

LINKS: 645-3698

Okinawan Stray Pet Rescue

(OSPR)

www.okinawastraypetrescue.org/

United Services Organization (USO)

Island wide 645-2662

www.uso.org

Airmen Family Readiness Office

Kadena AFB 634-3366

Legal Center 634-3300

Marine Thrift Shop

645-6025

Marine Gift Shop

645-5194

Navy Fleet Gift Shop

645-6025

Girl/Boy Scouts

Girl Scouts 645-2323

Boy Scout 645-9236

School Liaison Officer

<http://www.mccsokinawa.com/SLO?>

MCCS Personal Services Center

Locations island-wide 645-8197

Island Wide 645-8197

Okinawa Employment

Marine Corps Civilian Human Resources office

Job hotline 645-3285

Customer service 645-7547

[https://intranet.mdbbutler.nmci.usmc.mil/](https://intranet.mdbbutler.nmci.usmc.mil/Civilian_Human_Resources_Office/)

[Civilian_Human_Resources_Office/](#)

Department of Defense Schools (DODDS)

Customer Service 644-5799

<http://www.dodea.edu/Pacific/offices/Hr/pacVacancies.cfm>

MCCS

Customer Service:645-8227

www.mccsokinawa.com/jobs

18TH SERVICES KADENA AB CIVILIAN PERSONNEL SECTION

634-2228

NAVY NAF PERSONNEL OFFICE

Kadena AB Bldg. 3597 (Near Gate 4)

Open Monday-Friday 0700-1600 Customer Service

634-8769/8893 www.usajobs.gov

ARMY & AIR FORCE EXCHANGE (A AFFES)

Camp Foster, Bldg. 490 Open Mon-Fri 0800-1600

Customer Service 645-7802

<http://www.shopmyexchange.com/aboutExchange/careers/careerinfo.htm>

Central Texas College Pacific Far East Campus

Camp Foster, Bldg 5679, Rm 14 DSN: 645-5720

okinawa.pfec@ctcd.edu

<http://www.pfec.ctcd.edu/employment.htm>

University of Maryland University College

Camp Foster, Bldg. 5679 DSN: 645-3488/3054

ffoster@asia.umuc.eduduffoster@asia.umuc.edu

<http://www.asia.umuc.edu/employment>

COMMUNITY BANK

Customer Service 645-7859

<http://careers.dodcommunitybank.com>

PENTAGON FEDERAL CREDIT UNION

Customer Service: 959-0662 Headquarters: 1-800-

247-5626 <http://penfed.org>

NAVY FEDERAL CREDIT UNION

Customer Service: 1-888-842-NFCU

<https://www.navyfederal.org/about/about.php>

UNITED SERVICES ORGANIATION (USO)

KADENA USO: 959-5370

www.uso.org/careers/

US NAVAL HOSPITAL CUSTOMER SERVICE:

643-7647 nook-quotes@med.navy.mil

OKINAWA

EXTRACURRICULARS



EDUCATION

University of Maryland University
College

<https://www.asia.umuc.edu/>

Foster 645-3054/3488

Kadena 634-4383

Kinser 637-2406

Futenma 636-3940

Courtney 622-9250

Hansen 623-7312

Schwab 625-2538

Shields 634-6399

Torii 644-4957

Yokota 225-3680

Embry-Riddle Aeronautical University

<http://erau.edu/>

Kadena 634-5083

Futenma 636-3629

Troy University

<http://www.troy.edu/>

Kadena 634-5365

COMMUNITY IS WHERE THRIVING HAPPENS,
EXPERIENCES ARE SHARED, AND FRIENDS
BECOME FAMILY. FIND YOUR PEOPLE!



ARTS

Kadena Arts & Crafts Center- offering painting, craft classes, wood-working, photography, and craft store.

Pacific Okinawa Players- Musical theater for kids. FB: Pacific Okinawa Players

SHOPPING

- Marine Gift Shop
- Kadena Gift Corner
- Navy Fleet Gift Shop
- Rycom Aeon Mall
- Parco City Mall
- Makeman
- CAINZ
- Nitori
- Farmer's Markets
- San A-grocery store

FAMILY

Focus Family counseling/coaching:

MCCS courses- Five Love Languages & Communication classes

LINKS for Kids

CREDO-marriage retreats every month

Deployment & Family Readiness

LINKS & Lifeskills

SPORTS

Youth Sports MCCS (Marine Bases and

Kadena offering Football, Soccer,

Cheerleading, Baseball, Softball, Volleyball, Swim, Lacrosse

www.mccs.okinawa/youthsports

www.kadenafss/youthprograms

Off Base Soccer- Okinawa Diplomats and

Brazilian Soccer

Island Youth Lacrosse Okinawa - Facebook

Adult Lacrosse League- Facebook- Okilax

Okinawa Rugby team- Facebook- Sharks

Rugby Football Okinawa

COMMUNITY GROUPS

Mothers of preschoolers (MOPS) is a circle of moms who gather to support each other. They meet twice a week at Koza Baptist Church.

Contact: mops@kozabaptistchurch.org

Okinawa International Women's Club. Gather monthly to exchange culture and friendship while raising funds for different charities throughout Okinawa. Facebook: OIWC

Women Out On Trails - Okinawa. A hiking group for women. Find them on Facebook: WOOT-Okinawa and Instagram: @wootrinning

MOSCO & OESC - Spouse clubs on island!

www.facebook.com/moscoki & [OkinaawaESC.com](http://www.facebook.com/OkinaawaESC.com)



CRITICAL INFO

MUST KNOW

TYPHOONS

Typhoon season begins on the 1st of June and continues through 30 November of each year with peak season taking place July through September. These typhoons are powerful tropical storms that can cause power outages and damage throughout the island. Prepare yourself with the knowledge and supplies below to weather the storm in relative comfort. Check out the Okinawa Typhoon Prep Facebook group!

TCCOR CONDITIONS

TCCOR V - Destructive winds of 50 knots or greater are possible within 96 hours. Only used outside of peak season.

TCCOR IV - Destructive winds of 50 knots or greater are possible within 72 hours. This condition is constantly in effect from June 1 to November 30 each year.

TCCOR III - Destructive winds of 50 knots or greater are anticipated within 48 hours.

TCCOR II - Destructive winds of 50 knots or greater anticipated within 24 hours.

TCCOR I - Destructive winds of 50 knots or greater anticipated within 12 hours.

TCCOR I Caution - Destructive winds of 50 knots or greater are anticipated within 12 hours. Observed winds are 34-49 knots.

TCCOR I Emergency - Actual winds of 50 knots are occurring.

TCCOR I Recovery- Winds of 50 knots are no longer occurring however wind speeds still fall between 34-49 knots.

TCCOR Storm Watch- Winds are not forecasted to exceed 50 knots, but high winds are possible due to our proximity to a storm.

TCCR All Clear- All tropical cyclone danger has passed.

ACTIONS

TCCOR 1- All Marines are considered to be in a duty status, therefore drinking is secured.

TCCOR 1C-All personnel return to their place of residence until TCCOR SW, TCCOR 4, or TCCOR All Clear is sounded.

TCCOR 1E- All personnel are required to remain indoors.

Communication

AFN Radio

AFN Okinawa Facebook Page

EMERGENCY KIT

FOOD minimum - enough food for a minimum of 2 days.

WATER - enough water for a minimum of 2 days.

FLASHLIGHT - Be sure to buy extra batteries as well.

SAFETY

WATER CONDITIONS

SEA CONDITION ALL CLEAR (SC-AC) Wind speeds have been reported at less than 18 mph.

Locally assessed conditions are suitable for novice water enthusiasts intending to participate in the location's primary water activity.

SEA CONDITION CAUTION (SC-C) Wind speeds of 18 mph or greater, including gusts, have been observed for at least 3 hours. Individuals participating in water activities have extensive experience both in the planned activity and at the location.

SEA CONDITION DANGER (SC-D): Wind speeds of 35 mph or greater, including gusts have been observed and are to persist for at least 3 hours or during TCCOR II. **Personnel are restricted from accessing the water and removing individuals from the area.**

Find out current water conditions via AFN radio or MCCA Liberty app.



RED CROSS MESSAGES

EMERGENCY

Red Cross messages are for family emergency situations including life threatening injuries / illness or death. A message can be submitted by service members or their family members by calling: 098-970-3800 (Camp Foster) or visiting: www.americanredcrossokinawa.org.

Phone directory

IMPORTANT PHONE NUMBERS

EMERGENCY:

Military Police/Ambulance (on base): 911
From off-base or cell phone: 098-911-1911
Off-base Police: 110

MWHS-1 SDO: 090-6861-7104, 645-7436

BASE SWITCHBOARD: 098-938-1111

TRANSPORTATION:

TAXI: 0120-23-5477, 637-5900
JAPANESE PUBLIC BUS: 645-2104/8109

RECREATION:

KADENA MARINA: 050-5865-1898
TORII STATION: 644-4659

CAMP FOSTER THEATER: 645-3465

AMERICAN VILLAGE THEATER: 098-936-7600

RYCOM MALL THEATER: 098-923-5231

KADENA HOUSING: OFFICE-081-734-0582

MAINTENANCE: 634-4663 (24 HR)



MWHS-1

America's Finest